

NUTRITION AND FOOD SCIENCE MINOR

Completion of the minor in Nutrition and Food Science requires a minimum of eighteen credits in Nutrition and Food Science courses as follows:

Code	Title	Credits
NFS 2030	Nutrition and Health	3
NFS 2130	Introductory Food Science	3
NFS 2140	Introductory Food Science Laboratory	1
NFS 2220	Nutrition Laboratory	1
NFS 3230	Human Nutrition	3-4
Additional seven credits in upper division NFS courses.		7
NFS 3270	Eating Disorders	
NFS 3300	Science, History, and Culture of Italian Cuisine	
NFS 4160	Food Laws and Regulations	
NFS 5170	Nutrition, Physical Activity, and the Brain	
NFS 5220	Community Nutrition	
NFS 5240	Nutritional Epidemiology	
NFS 5350	Organization and Management of Food Service Systems	
NFS 6230	Nutrition and Physical Performance	
NFS 6850	Controversial Issues	
Total Credits		18-19