

SPORT COACHING MINOR

The Sport Coaching minor allows undergraduate students from any major to gain expertise and experience in coaching sports and other physical activities to populations across the lifespan.

The minor is a minimum of 15 credit hours consisting of the courses listed below.

The electives allow students to further develop sport coaching skills and knowledge by applying them to specific aspects of the coaching industry.

| Code | Title | Credits |
|---|--|-----------|
| Required courses: | | 6 |
| SAM 5510 | Principles of Coaching | |
| KIN 5520 | Sport Psychology | |
| Select 3 of the following courses: | | 9 |
| KIN 3550 | Motor Learning and Control | |
| KIN 3580 | Biomechanics | |
| KIN 5100 | Anatomical and Physiological Bases of Physical Activity | |
| KIN 6100 | Methods of Group Training | |
| KIN 6120 | Strength and Conditioning | |
| HPE 6120 | Sports I | |
| HPE 6130 | Sports II | |
| HPE 6200 | Management and Instruction in Health and Physical Education | |
| HPE 6230 | Socio-cultural Issues in Physical Activity | |
| HPE 6410 | Teaching Adapted Physical Activity and Sport | |
| SAM 3010 | Ethics in Sport | |
| SAM 5700 | Sport Leadership | |
| SAM 6320 | Youth Sports and Recreation | |
| SAM 6660 | Risk Management in Physical Education and Sports | |
| LFA 2330 | First Aid and CPR | |
| HE 3300 | Health of the School Child | |
| HE 6320 | Mental Health and Substance Abuse | |
| NFS 2030 | Nutrition and Health | |
| NFS 3230 | Human Nutrition | |
| NFS 3270 | Eating Disorders | |
| TED 2250 | Becoming an Urban Educator | |
| SED 5000 | History, Philosophy, and Ethics of Teaching Students with Disabilities | |
| SED 5080 | Supportive Environments, Engaged Learning | |
| MGT 2530 | Management of Organizational Behavior | |
| EDP 3310 | Educational Psychology | |
| EDP 5450 | Child Psychology | |
| EDP 5480 | Adolescent Psychology | |
| Total Credits | | 15 |